

Calling or Visiting Your Legislator

- * Plan your call or visit carefully. Keep to the point and discuss only one issue. Organize your thoughts ahead of time and make notes to help you stay on track.
- * When planning to visit your legislator, make an appointment. Don't just drop by your legislator's office and expect him or her to drop everything to see you. **Call or write for an appointment as soon as you know when you are going to be at the Capitol.**
- * Check out "Find Your legislator" to obtain contact information.
- * Prepare a one-page fact sheet concerning your issue to give to your legislator. This will help him or her better retain what you present. FASN will be posting a Fact Sheet for you to take with you to Tallahassee.